# DO FACIAL ICONS **CONTRIBUTE TO OUR OWN ENOTIONAL EXPERIENCE?** AND HOW?

## Amel Achour-Benallegue

Cognition, Environment and Communication Research Team

## INTRODUCTION



Facial icons are the representations of faces in different artistic and ethnographic artifacts. Most of them are considered as highly aesthetic representations. They have been crafted all over the world and at different periods of time. They share common properties such as facial features that are the building blocks of facial expressions, themselves an efficient means for communicating emotions. How our ancestors responded to their represented reality? How our past experience led us to current behavior with avatars and emoticons? How can this behavior contribute to design more efficient visual communication tools or simply more entertaining Al and animation characters ? What features are crucial in conveying emotions and would be efficient in designing human facial-expression surrogates in specific social interactions? How can highly aesthetic representations and their highly emotional features be combined to enhance well-being in people's daily lives? Studies on facial icons might contribute to bring answers to these questions, for they are cues for communication and emotion expression, as well as rich representations from diverse cultures and eras with high aesthetic attributes.

## **PREVIOUS RESEARCH**

#### FACIAL ICONS IN THE LITERATURE

Different instances of facial icons, such as portraits, face-likes, or face sketches, participate in the increase of the negativity of the N170 and provoke early brain activation in the cortical region associated with the perception of human faces [1]. Face-likes (pareidolia faces) are associated with rapid categorization of faces [2].

Real faces have proven to be less quick and less efficient than facial icons (such as humorous newspaper or cartoons) in their ability to communicate information including emotion [3]. Compared to real faces, facial icons in cartoons have a higher processing intensity and speed during the early processing stage when recognizing facial expressions [4]. Compared to other emotions, the recognition of happiness in cartoon faces has an advantage; and the accuracy recognition of happiness and expression-intensity perception of sadness in these images are stronger compared to real faces [5]. Stick figures trigger facial mimicry as much as do photographs of real faces, and they provide a better material for recognizing emotions that photographs [6].

 Masks from various cultures produce strong perceptions of emotion with substantial variations [7]. Similarly, clay figures from early Japanese cultures produce emotion perception in the participants; more the figures are perceived as happy, more they are rated as approachable, and inversely more they are perceived as fearful, less they are rated as approachable [8]. "The ability of the masks to produce effective perceptions of emotion was due to the artists' inclusion of facial features that reliably signal emotions in everyday life" [7].

The emotion of threat in facial icons would share universal characteristics [9]. Some facial expressions (pain, anger, sadness, determination/stain, and elation) are universal in the perception of ancient American facial icons [10].

ightarrow Possibility to address the perception of facial icons on the basis o emotion processes beyond ethnographic and cultural approaches, and to generalize the ability of conveying emotions, to the wide set c cross-cultural facial icons.

### MIMICRY OF HUMAN FACIAL EXPRESSIONS

 Facial mimicry is the tendency of individuals to imitate others' facial expressions [11]. It occurs unconsciously and spontaneously and is difficult to suppress[12]. However, some studies showed that it may be moderated by contextual information[13].

Possible simulation process toward facial icons indicating a possible emotional contagion



High correlations between participants' felt emotion and their assessment of the expression intensity in cross-cultural facial icons. Given that the intensity of expression reflects an intensity of the expressed emotion, this may state a presence of a simulation process and possibly an emotional contagion.



simulation) explains 49% of the attention paid to the facial icon, whereas this attention to the image is explained only to 4 % by the aesthetic value of that facial icon. This could indicate a significant implication of the simulated emotion in the artistic

Achour-Benallegue, Pelletier, & Kaminski, 2016. in Aesthetics and Neuroscience: Scientific and Artistic Perspectives

Mimicry reactions toward cross-cultural facial icons in zygomaticus and depressor (mouth expressions)





Consistently with previous mimicry results toward human faces [17], the observed mimicry indicates that facial icons depicting



## METHOD

11 facial icons from different ethnographic origins have been rated online by 45 participants, 2 rating questionnaires have been administred

- Disrupting or altering feedback from facial muscles and neural processes involved in facial mimicry reduces the speed and accuracy with which people process others' expressions of emotion [14].
- Facial mimicry contributes to social and emotional interactions and embeds the individual in the simulation of another person [15], as well as it may translate into emotional contagion [16]

When facial icons depicted a strong expression of the corrugator, the zygomaticus activation in participants has been prevented toward positive-valence stimuli. This reflects a tendency of corrugator mimicry which might have been prevented by the hedonistic experience of art.

Achour-Benallegue et al. 2021. in Psychology of Aesthetics, Creativity, and the Arts

also enhance a simulation through process sensorimotor reactions.

mouth expressions might



# STUDY

"Iconic representations differ from realistic images in their ability to communicate specific information, including emotion, quickly and efficiently ... [they] highlight the advantages of simplifying image features and increasing contrast to communicate emotion "[5]

Test the ability of facial icons from different origins in conveying emotions efficiently from the simulation process perspective and explore the morphometric features that favor the emotional contagion

## RESULTS

Emotions of participants were almost all significantly affected by the expressed emotions in facial icons

Participants' basic emotions were affected

• The sum of scores per stimulus of the icon-ratings were highly correlated with the sum of scores per stimulus of the self-rating for all emotions





### Icon-rating questionnaire

Rating the emotions expressed by the stimuli and the morphometric features that appear on these stimuli

Self-emotion-rating questionnaire

Rating the emotions felt by the participants them-selves

Ratings were presented on 7-item Likert scales. Rating variables include:





ating levels

Emotional contagion in happiness

and valence, which are cues of

well-being, is highly significant

Happiness-rating levels of facial icons

Medium



Rating levels

Low

High

Valence-rating levels of facial icons

Medium

- Equivalence in low and medium levels for dominance, surprise, sadness, and disgust
- Equivalence in the low or medium level for anger and arousal respectively

 Self-emotion ratings were almost all low, medium and high when the icon-ratings for the same emotion were low, medium and high respectively



### Impact of morphometric features on self-emotion

- Human-likeness, beauty, ornamental features as well as eye contact and mouth expression impacted the highly emotional response of arousal, surprise and sadness in participants
- Only high-contact icons induced high arousal and high surprise



Distributions of valence

## **CONCLUSION & APPLICATIONS**

 The influence of ratings of perceived expressions in facial icons on self-affects (valence & arousal) and most self-basic emotions (happiness, sadness, surprise, fear, anger) reflects an efficient emotional contagion through simulation process The similarity of data distributions of valence and happiness as well as the lower self-sadness for highly beautiful and ornamented stimuli, indicate that facial icons might be a good means for conveying well-being Art appreciation has been related to positive impacts on the mental and physical well-being in people's daily lives [18]

### build a theoretical framework underlying several design and research issues

Research on facial icons might contribute to

Correlations between icon-rating scores and self-rating scores in

happiness and valence

Learn from the past to build an efficiently-based future



Understand past experiences to unravel present ones

Methodology for inferring culturally specific meanings and functions of

REFERENCES

processes. Journal of cognitive neuroscience, 13(7),

Early (N170) activation of face-specific cortex by face-like

Nihei, Y., Minami, T., & Nakauchi, S. (2018). Brain activity related to the judgment of face-likeness: correlation

between EEG and face-like evaluation. Frontiers in Human

[2] Rekow, D., Baudouin, J. Y., Brochard, R., Rossion, B., & Leleu,

A. (2022). Rapid neural categorization of facelike objects

predicts the perceptual awareness of a face (face pareidolia).

[3] Kendall, L. N., Raffaelli, Q., Kingstone, A., & Todd, R. M. (2016).

Iconic faces are not real faces: enhanced emotion detection

[4] Zhao, J., Meng, Q., An, L., & Wang, Y. (2019). An event-related 🔹

and altered neural processing as faces become more iconic.

potential comparison of facial expression processing between

[5] Zhang, S., Liu, X., Yang, X., Shu, Y., Liu, N., Zhang, D., & Liu, Y.

J. (2021). The influence of key facial features on recognition of

emotion in cartoon faces. Frontiers in psychology, 12, 687974

of stimulus format: Evidence for facial mimicry of stick figures

[7] Norman, J. F., & Wheeler, S. P. (2020). The visual perception of

[8] Kawabata, H., Shiba, R., Matsumoto, N., Matsugi, T., & Janik,

L. (2021). How modern humans see ancient figure faces: The

differential impressions and perceived expressions from clay

figure faces from prehistoric and protohistoric Japan. Psycho-

[9] Aronoff, J., Barclay, A. M., & Stevenson, L. A. (1988). The

recognition of threatening facial stimuli. Journal of personality

[10] Cowen, A. S., & Keltner, D. (2020). Universal facial expres-

Borgomaneri, S., Bolloni, C., Sessa, P., & Avenanti, A.

sions uncovered in art of the ancient Americas: A computation

(2020). Blocking facial mimicry affects recognition of

Dimberg, U., Thunberg, M., & Elmehed, K. (2000). Unconsciou

facial and body expressions. PloS one, 15(2), e0229364

facial reactions to emotional facial expressions. Psychological

6]Wessler, J., & Hansen, J. (2021). Facial mimicry is indep

Cognitive research: principles and implications, 1, 1-14

cartoon and real faces. PLoS One, 14(1), e0198868

and photographs. Acta Psychologica, 213, 103249

emotion from masks. Plos one, 15(1), e0227951

al approach. Science advances, 6(34), eabb1005

Hadjikhani, N., Kveraga, K., Naik, P., & Ahlfors, S. P. (2009).

objects. Neuroreport, 20(4), 403

Neuroscience, 12, 56

Cognition, 222, 105016

logia, 63(2), 116-136

and social psychology, 54(4), 647

science, 11(1), 86-89

937-951

Neuroscience & Biobehavioral Reviews, 111, 149-165 Murata, A., Saito, H., Schug, J., Ogawa, K., & Kameda, T. (2016 Spontaneous facial mimicry is enhanced by the goal of inferrin Sagiv, N., & Bentin, S. (2001). Structural encoding of emotional states: evidence for moderation of "automatic" mimic numan and schematic faces: holistic and part-based

by higher cognitive processes. PloS one, 11(4), e0153128 Arnold, A. J., & Winkielman, P. (2020). The mimicry among us Intra-and inter-personal mechanisms of spontar

Palagi, E., Celeghin, A., Tamietto, M., Winkielman, P., & Norscia,

(2020). The neuroethology of spontaneous mimicry and emotional contagion in human and non-human animals.

Journal of Nonverbal Behavior, 44, 195-212 [14] Niedenthal, P. M., Wood, A., Rychlowska, M., & Korb, S. (2017). Embo ied simulation in decoding facial expression. The science of facial expre sion, 397-41

Beall, P. M., Moody, E. J., McIntosh, D. N., Hepburn, S. L., & Reed, C. I (2008). Rapid facial reactions to emotional facial expressions i typically developing children and children with autism spectrur disorder. Journal of experimental child psychology, 101(3), 206-223 Prochazkova, E., & Kret, M. E. (2017). Connecting minds and sharing emotions through mimicry: A neurocognitive model of emotiona contagion, Neuroscience & Biobehavioral Reviews, 80, 99-114

Hess, U. (2021). Who to whom and why: The social nature o emotional mimicry. Psychophysiology, 58(1), e13675 Lundqvist, L. O., & Dimberg, U. (1995). Facial expressions ar contagious. Journal of psychophysiology, 9, 203-203 Sato, W., Fujimura, T., Kochiyama, T., & Suzuki, N. (2013). Relatior ships among facial mimicry, emotional experience, and emotiition. PloS one, 8(3), e57889

Seibt, B., Mühlberger, A., Likowski, K. U., & Weyers, P. (2015). Facia mimicry in its social setting. Frontiers in psychology, 6, 1122 Philip, L., Martin, J. C., & Clavel, C. (2018). Rapid facial reactions in response to facial expressions of emotion displayed by real vers virtual faces, i-Perception, 9(4), 2041669518786527

Beauchet, O., Cooper-Brown, L. A., Hayashi, Y., Deveault, M., & Launay, C. P. (2022). Improving the mental and physical health o ellers with a museum participatory art-base older community-c activity: results of a multicentre randomized controlled trial. Agir Clinical and Experimental Research, 34(7), 1645-1654

Beauchet, O., Cooper-Brown, L. A., Hayashi, Y., Deveault, M., Ho, A. H Y., & Launay, C. P. (2021). Health benefits of "Thursdays at the Montreal Museum of Fine Arts": Results of a randomized clinica trial. Maturitas, 153, 26-32

Lacey, S., Hagtvedt, H., Patrick, V. M., Anderson, A., Stilla Deshpande, G., ... & Sathian, K. (2011). Art for reward's sake: Visua

Grossi, E., Tavano Blessi, G., & Sacco, P. L. (2019). Magic moments determinants of stress relief and subjective wellbeing from visitir a cultural heritage site. Culture, Medicine, and Psychiatry, 43(1), 4-2 Mastandrea, S., Fagioli, S., & Biasi, V. (2019). Art and psychologica well-being: Linking the brain to the aesthetic emotion. Fror psychology, 10, 739

Acai, A., McQueen, S. A., Fahim, C., Wagner, N., McKinnon, V., Bostor I., ... & Sonnadara, R. R. (2016). 'It's not the form; it's the process': a phenomenological study on the use of creative professiona development workshops to improve teamwork and ication skills. Medical Humanities, 42(3), 173-180

Human Augmentation Research Center



National Institute of Advanced Industrial Science and Technology

